



تجمع الرياض الصحي الثاني
Riyadh Second Health Cluster



Adalimumab

What is Adalimumab and what it is used for?

Adalimumab is a drug that lower the body's normal immune response, used to treat Arthritis, Psoriasis, Hidradenitis Suppurativa, Crohn's disease, Ulcerative Colitis, Non-infectious Uveitis.



➤ What you need to know before you use Adalimumab?



- * Do not use the medication if you are allergic to Adalimumab or any other additives of this medicine
- * If you have severe diseases, including active tuberculosis, signs of infection e.g. fever, wounds, feeling tired, dental problem immediately inform the doctor
- * Tell your doctor and pharmacist about all the medications you're taking, prescribed or without prescription. (To make sure that it is safe for you to take other drugs while taking Adalimumab injection).
- * Do not start, stop, or adjust the dose of any drug without checking with your doctor.

➤ **What should I know or do while I take this drug?**



- * You may have more chances of getting an infection.
 - Wash hands regularly and avoid people with infections, colds, or flu.
- * You may bleed more easily. Be careful and avoid injury.
 - Use a soft toothbrush and a safety razor
- * Talk with your doctor before getting any vaccines.
 - Usage of some vaccines with this drug may either increase the chances of an infection or make the vaccine ineffective.

Possible drug side effects:



- * Signs of an allergic reaction
- * Signs of infection
- * Signs of lupus like a rash on the cheeks or other body parts, sunburn, muscle or joint pain, pressure in the chest or shortness of breath, or enlargement in the arms or legs.
- * Signs of high blood pressure like very bad headache or unsteadiness, passing out, or change in eyesight.
- * Pressure in the chest
- * Night sweats
- * A big weight loss
- * Fever that does not go away.
- * A skin growth
- * Blood in the urine
- * Dull skin
- * Skin irritation to the injection site

In case of missed dose:

- * Take the missed dose immediately upon remembering
- * If it is close to the time for your next dose, skip the missed dose and follow to your normal time.
- * Do not take 2 doses at the same time or exceed the dose
- * If you are not sure what to do if you miss a dose, call your doctor

Adalimumab with food and drink

-Since Adalimumab is injected under the skin (subcutaneous) food and drink should not affect by the medication.

Pregnancy and breast-feeding:

- * The effects of Adalimumab in pregnant women are not known and so it is not recommended for pregnant women.



- ✓ You are advised to avoid becoming pregnant and must use adequate family planning while using Adalimumab for a period of 5 months after the last Adalimumab treatment.
- * If you are breast feeding mother, you should stop breast-feeding during Adalimumab treatment and for at least 5 months after the last Adalimumab Treatment.
- * If you received Adalimumab during pregnancy, your baby may have higher risk for getting an infection,



- ✓ **it is important** to tell your baby's doctor and other health care professionals about your Adalimumab use during pregnancy before the baby receives any vaccine/booster.

Driving and using machines

- * Adalimumab may have light influence on your ability to drive, cycle or use machines.
- * Room spinning sensation and eyesight disturbance may occur after taking Adalimumab.

Do Not Use Adalimumab When:



- * Liquid is not clear, discolored, or has particles in it
- * Liquid has been ice-cold (even if defrost) or left in direct sunlight
- * Expiration date has passed

- * The prefilled syringe has been dropped or broken.

How to store Adalimumab?

- Keep this medicine out of the sight and reach of children
- Do not use medicine if expiration date has passed.
- Store in refrigerator 2-8 degree Celsius, do not chill.
- Keep the pre-filled syringe in outer carton in order to protect from light.

لأن الوعي وقاية ..

إدارة التمريض الصحي

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